

JICA TOKYO TOKYO INTERNATIONAL CENTER



49-5, Nishihara 2-chome, Shibuya-ku,
Tokyo, JAPAN, 151-0066

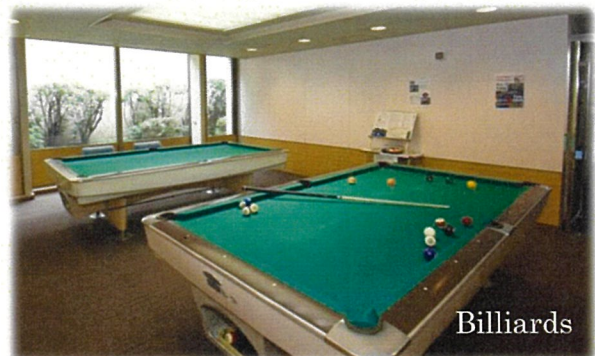
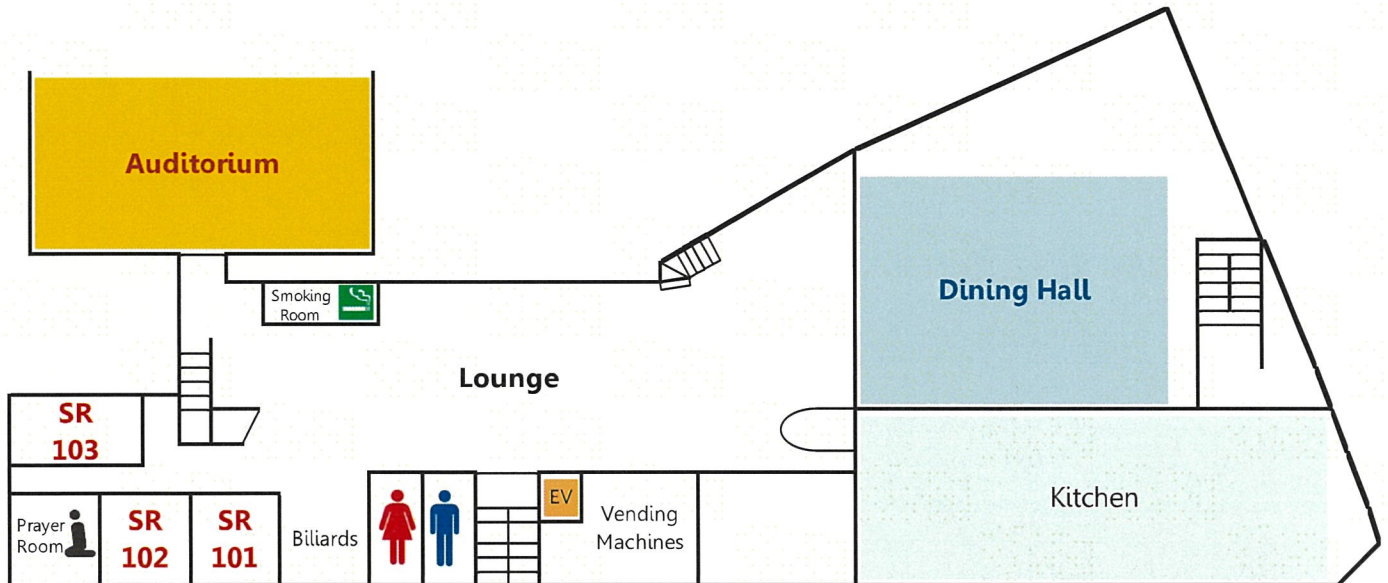


Facilities Guide

1. Main Building (4 floors)

1st floor: LOUNGE

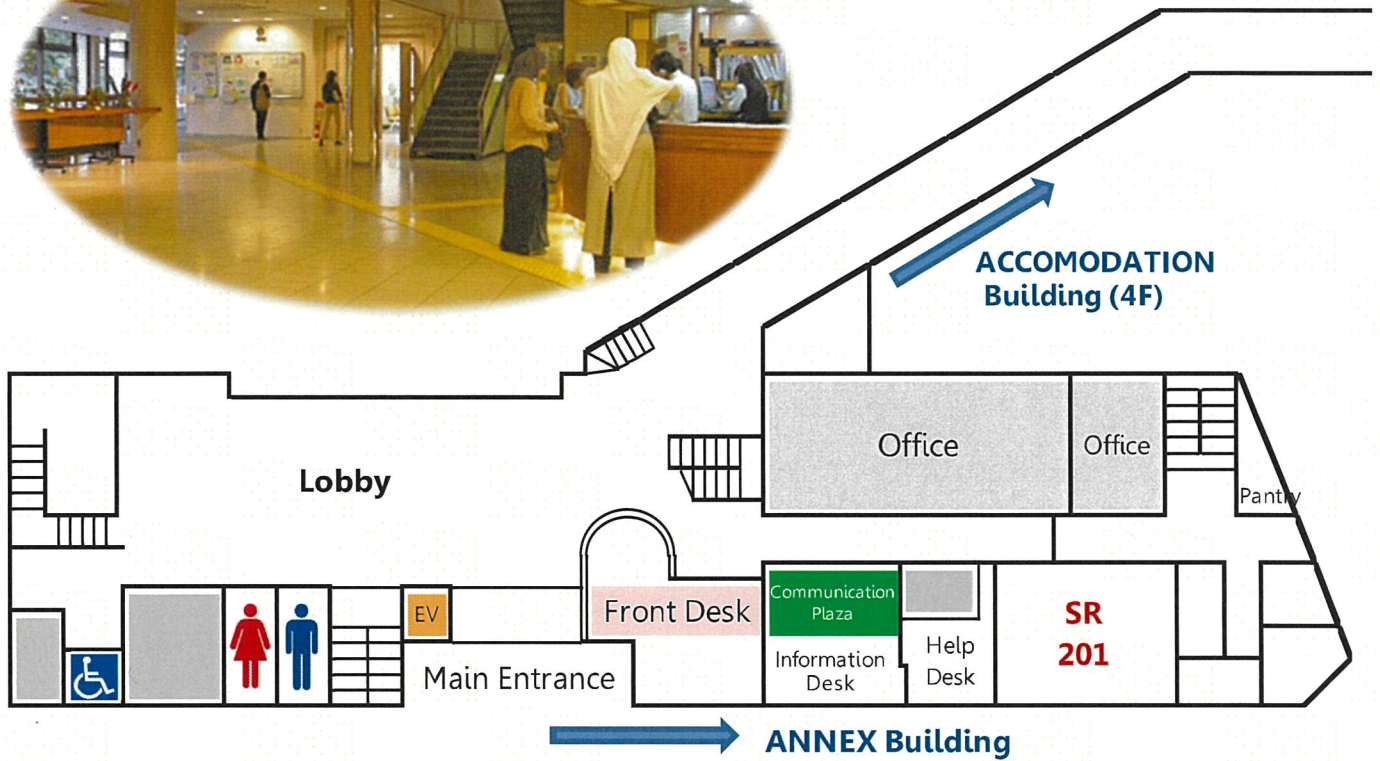
Dining Hall, Auditorium (Gymnasium), Seminar Rooms, Beverage Vending Machines, Billiards Corner, Newspaper Corner, Smoking Room, Prayer Room, Water Server



Facilities Guide

2nd floor: MAIN ENTRANCE / LOBBY

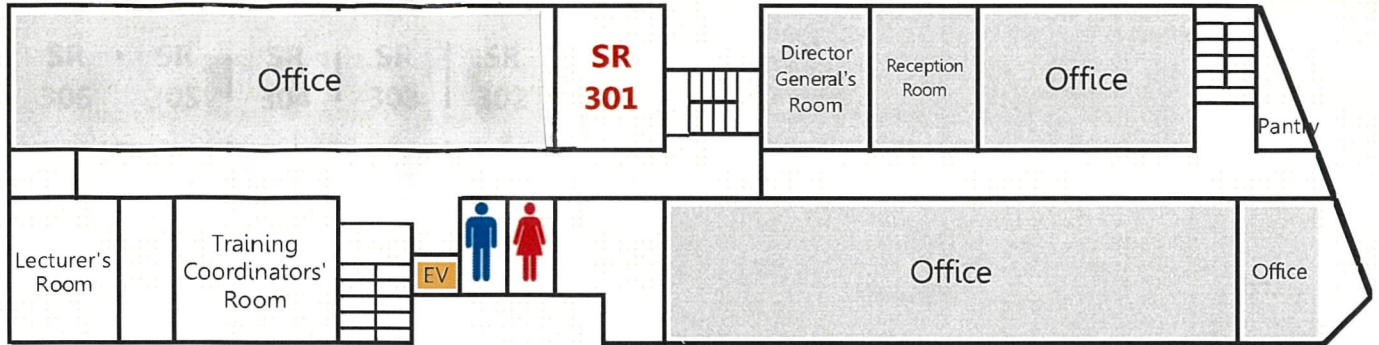
Front Desk, Communication Plaza (Information Desk, Service Counter, Travel Agency), PC Help Desk, Public Telephones, Foreign Currency Exchanger, Cash Dispenser, Water Server, Seminar Room, JICA Tokyo Office,



Facilities Guide

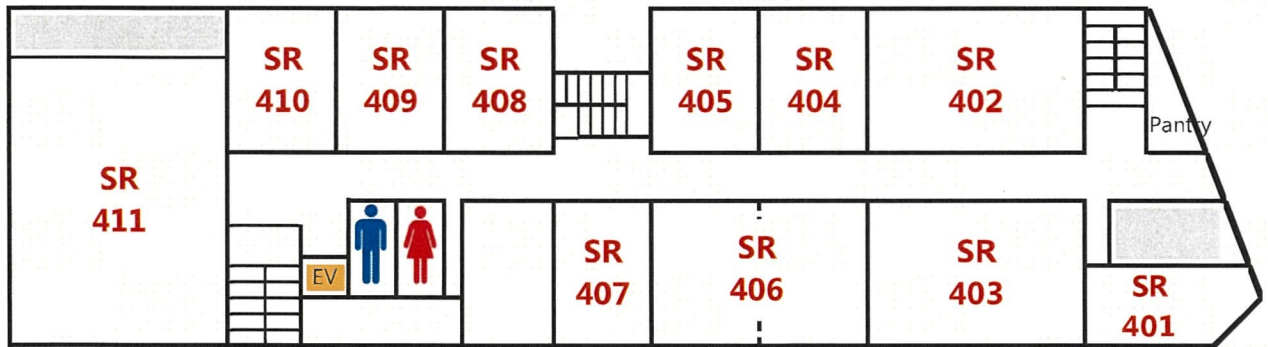
3rd floor: OFFICE and SEMINAR ROOMS

Director General's Room, JICA Tokyo Office, Reception Room, Lecturers' Room, Seminar Rooms



4th floor: SEMINAR ROOMS

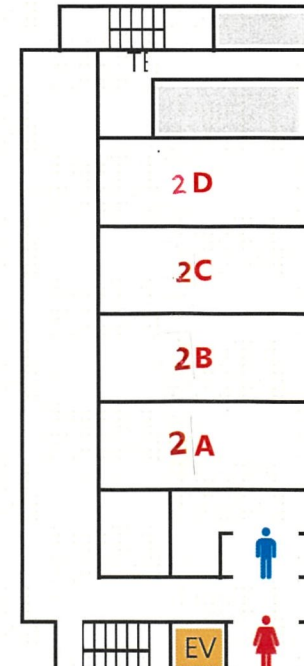
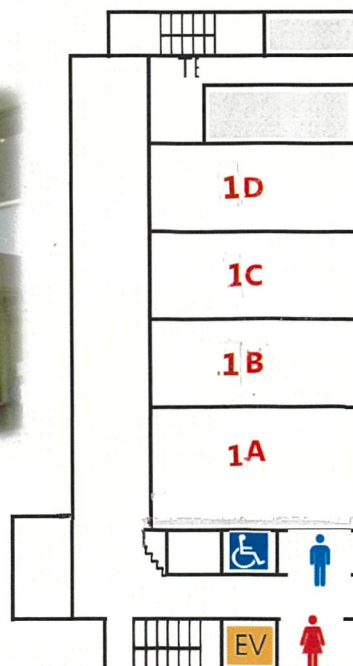
Seminar Rooms



2. Annex Building (2 floors)

1st floor: JICA Office

2nd floor: Seminar Rooms



Facilities Guide

3. Accommodation Building (10 Floors)

Each floor:

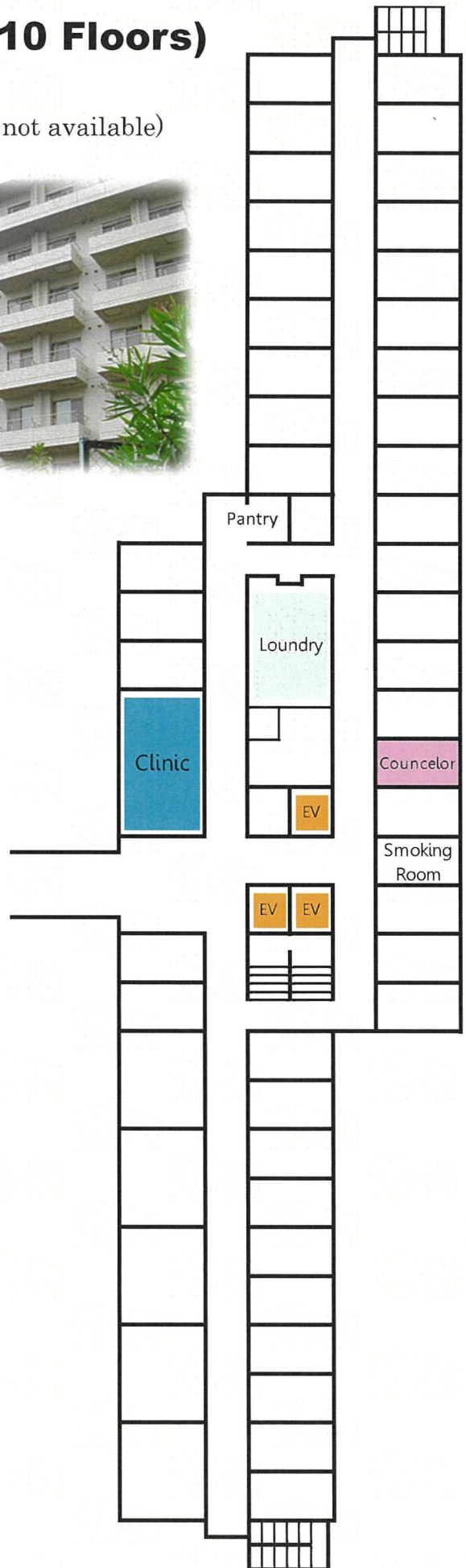
Guest Rooms, Laundry Room, Pantry (Cooking is not available)
Boiled Water and Ice

4th floor:

Clinic, Counselor's Room,
Smoking Room

5th floor:

PC Room (open 24h)



Facilities Guide

Guest Rooms

(441 rooms in total, including single, double, and barrier-free rooms)

FACILITIES IN A GUEST ROOM

Bed / TV / Desk / Chair / Air conditioner / Humidifier & Air purifier

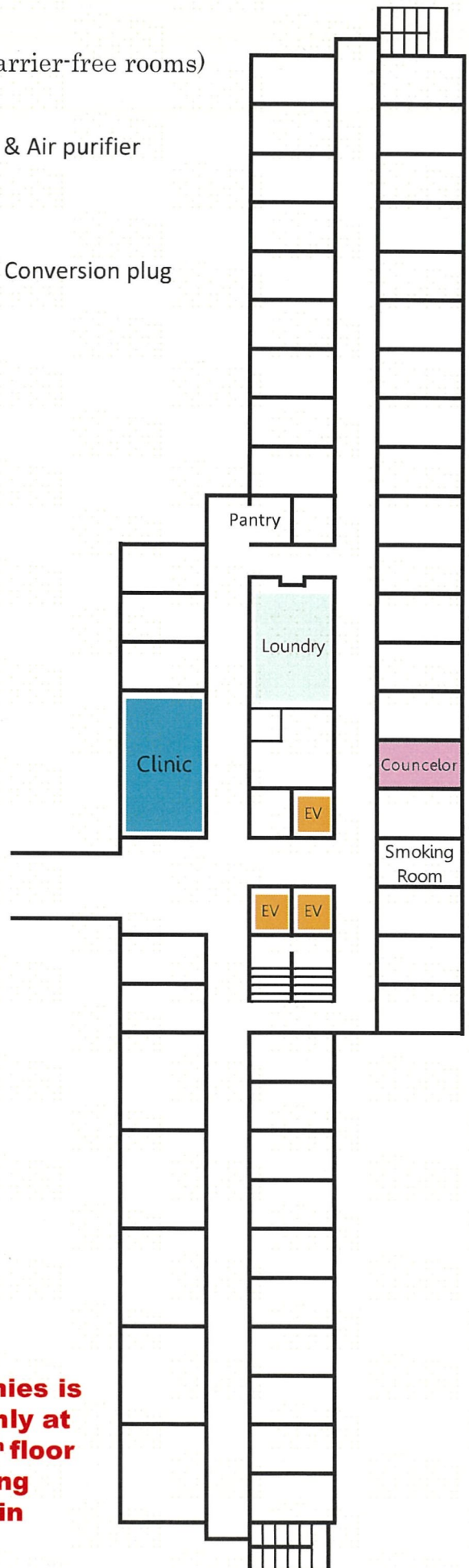
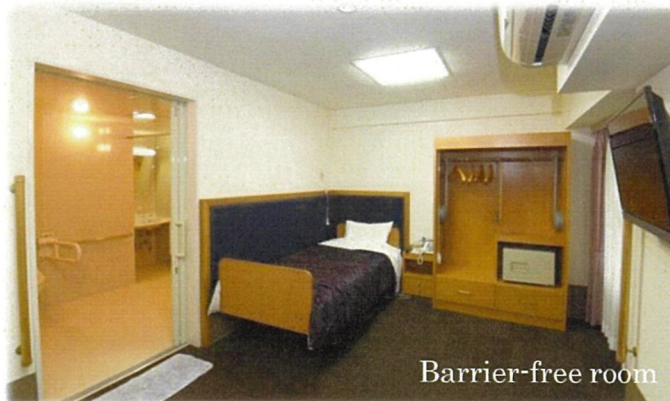
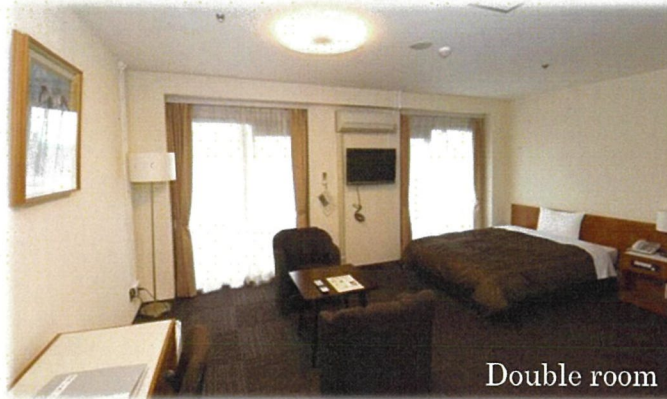
Refrigerator / Thermo pot / Glass / Cup

Bath tub / Shower / Toilet

Telephone (International calls available)

Internet access (Wired LAN and Wi-Fi) / USB charger / Conversion plug

Safety box / Hair drier / Full-length mirror



Smoking in rooms and balconies is prohibited. You can smoke only at the smoking rooms on the 4th floor of the accommodation building and on the 1st floor of the main building.

Service Guide

1. Amenity

You would receive a small set of daily necessities on your arrival including:

- # bath towel (60cm×116cm)
- # small towel (30cm×70cm)
- # tooth brush and tooth paste
- # two-in-one shampoo
- # soap
- # slippers



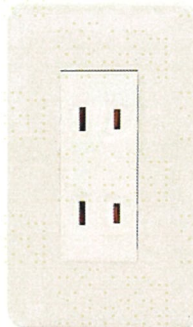
You will receive one set of Bath amenities only on your check-in date. Towel change service is not available, please use Laundry rooms. Sheet change service is twice a week. Shampoos and soaps will be renewed every weekday, and on weekends, they are available at front desk.

2. Computers

Wi-Fi is available in the entire buildings.

You can use supporting services of PC Help Desk (Lobby Floor) only on JICA's official computers and network system in JICA Tokyo.

NOTICE: Throughout Japan electric voltage is 100 volts AC, and the plug type is to be 2-pronged TYPE A.



- #Type of plug / socket: A
- #Residential Voltage: 100V
- #Frequency: 50Hz

*Please confirm the plug type in your country beforehand.

3. Boiled Water and Ice

Drinkable boiled water is available at the corner of each floor in the accommodation building. Ice is available at the corner of 1st, 3rd, 4th, 5th, 7th and 9th floor.

4. Laundry

We have no Dry Cleaning Pickup/Laundry Services at Front Desk.

Washing machines are located in Laundry Room in each floor. Irons can ONLY be used in Laundry Rooms.

Service Guide

5. Medical Care

Training participants of JICA can receive medical treatment with JICA Medical Card during your official stay in Japan for any unhealthy conditions except the following;

- 1) Medical treatment of your pre-existing diseases for which immediate treatment or examination is not required.
- 2) Corrective surgery which does not require immediate treatment.
- 3) Any medical treatment related to and resulting from pregnancy.
- 4) Treatment of your teeth for corrective purposes including decorative ones.
- 5) Purchase and repair of corrective eye glasses and contact lenses.

6. Communication Plaza

Information on recreational activities is available at the Information Desk.

At the Service Counter, you can borrow DVDs etc.

Travel Agency personnel provides flight information of traveling to your country.

Recreational and cultural activities *only for training participants of JICA

Bus Tour, Kamakura / Enoshima Tour, Mt.Takao Walking Tour
Tokyo Walking Tour, Home Visit etc.

Japanese Cultural Activities

As a part of the introduction to the Japanese culture, activities such as demonstration of tea ceremony, flower arrangement etc. are conducted. Please ask for details at Information Desk.

Japanese Language Course

You are recommended to attend the four-day Japanese class since just a basic knowledge of the Japanese language will certainly help make your stay in Japan more comfortable and wonderful. The class schedule is available at Information Desk.

Sports Activities

The Auditorium is available for sports such as volleyball, basketball, table tennis, badminton, football, and AIKIDO (a Japanese martial art of self-defense).

